

Summer 2025 Schedule Junior



Day	Time	Session Type	Location	Dates	Weeks	Price
Monday	12:15 PM - 01:15 AM	Jump Off-Ice				\$35.00
	01:30 PM - 02:15 PM	Freeskate	Hillcrest	Jul 7 - Aug 4	5	\$57.00
	02:15 PM - 02:30 PM	Group Enrichment *				
Tuesday	05:00 PM - 06:00 PM	Ballet Off-Ice				\$35.00
	06:15 PM - 06:30 PM	Group Enrichment	Hillcrest	Jul 8 - Aug 5	5	\$72.00
	06:30 PM - 07:30 PM	Freeskate				
Wednesday	09:00 AM - 10:00 AM	Open Freeskate 1	Trout Lake	Jul 2 - Aug 6	6	\$69.00
	10:00 AM - 11:00 AM	Open Freeskate 2				\$69.00
	11:30 AM - 12:00 PM	Open Jump Off-Ice				\$21.00
	05:30 PM - 06:30 PM	Fitness Off-Ice	Sunset			\$42.00
	06:45 PM - 07:00 PM	Group Enrichment				\$69.00
	07:00 PM - 07:45 PM	Freeskate				\$69.00
Thursday	09:00 AM - 10:00 AM	Open Freeskate 1 **	Trout Lake	Jul 3 - Aug 7	6	\$69.00
	10:00 AM - 11:00 AM	Open Freeskate 2				\$69.00
	11:30 AM - 12:00 PM	Open Jump Off-Ice				\$21.00
	05:00 PM - 06:00 PM	Stretch Off-Ice	Hillcrest			\$42.00
	06:30 PM - 06:45 PM	Group Enrichment				\$69.00
	06:45 PM - 07:30 PM	Freeskate				\$69.00
Friday	08:00 AM - 08:45 AM	Open Freeskate 1	Hillcrest	Jul 4 - Aug 8	6	\$52.00
	08:45 AM - 09:30 AM	Open Freeskate 2				\$69.00
	09:30 AM - 09:45 AM	Open Group Enrichment				\$69.00
	10:00 AM - 10:45 AM	Open Jump Off-Ice				\$32.00
	05:15 PM - 06:15 PM	Pilates Off-Ice				\$42.00
	06:45 PM - 07:30 PM	Freeskate				\$52.00

* Group Enrichment is together with the Senior skaters.

** All Open Freeskate sessions are open to skaters in STAR 2 and up. **Only Thursday Open 1 is open to all levels.**

Addresses: **Hillcrest Arena**
4575 Clancy Loranger Way, Vancouver, BC V5Y 2M4

Trout Lake Rink
3360 Victoria Dr, Vancouver, BC V5N 4M4

Sunset Arena
390 E 51st Ave, Vancouver, BC V5X 1C5

Off-Ice Locations	
Jump	rinkside
Ballet	rm 328
Fitness	upstairs
Stretch	rm 328
Pilates	rm 328

Summer 2025 Schedule Senior



Day	Time	Session Type	Location	Dates	Weeks	Price
Monday	02:15 PM - 02:30 PM	Group Enrichment *				
	02:30 PM - 03:30 PM	Freeskate	Hillcrest	Jul 7 - Aug 4	5	\$72.00
	03:45 PM - 04:45 PM	Jump Off-Ice				\$35.00
Tuesday	04:00 PM - 04:45 PM	Ballet Off-Ice				\$27.00
	05:00 PM - 06:00 PM	Freeskate	Hillcrest	Jul 8 - Aug 5	5	\$72.00
	06:00 PM - 06:15 PM	Group Enrichment				
Wednesday	09:00 AM - 10:00 AM	Open Freeskate 1				\$69.00
	10:00 AM - 11:00 AM	Open Freeskate 2	Trout Lake			\$69.00
	11:30 AM - 12:00 PM	Open Jump Off-Ice		Jul 2 - Aug 6	6	\$21.00
	06:30 PM - 07:30 PM	Fitness Off-Ice				\$42.00
	08:00 PM - 09:00 PM	Freeskate	Sunset			\$69.00
Thursday	09:00 AM - 10:00 AM	Open Freeskate 1 **				\$69.00
	10:00 AM - 11:00 AM	Open Freeskate 2	Trout Lake			\$69.00
	11:30 AM - 12:00 PM	Open Jump Off-Ice		Jul 3 - Aug 7	6	\$21.00
	04:00 PM - 05:00 PM	Stretch Off-Ice				\$42.00
	05:15 PM - 06:15 PM	Freeskate	Hillcrest			\$86.00
	06:15 PM - 06:30 PM	Group Enrichment				
Friday	08:00 AM - 08:45 AM	Open Freeskate 1				\$52.00
	08:45 AM - 09:30 AM	Open Freeskate 2				\$69.00
	09:30 AM - 09:45 AM	Open Group Enrichment				
	10:00 AM - 10:45 AM	Open Jump Off-Ice	Hillcrest	Jul 4 - Aug 8	6	\$32.00
	06:15 PM - 07:15 PM	Pilates Off-Ice				\$42.00
	07:30 PM - 08:30 PM	Freeskate				
	08:30 PM - 08:45 PM	Group Enrichment				\$86.00

* Group Enrichment is together with the Senior skaters.

** All Open Freeskate sessions are open to skaters in STAR 2 and up. Only Thursday Open 1 is open to all levels.

Addresses: **Hillcrest Arena**
4575 Clancy Loranger Way, Vancouver, BC V5Y 2M4

Trout Lake Rink
3360 Victoria Dr, Vancouver, BC V5N 4M4

Sunset Arena
390 E 51st Ave, Vancouver, BC V5X 1C5

Off-Ice Locations	
Jump	rinkside
Ballet	rm 322
Fitness	upstairs
Stretch	rm 322
Pilates	rm 328

Last updated: June 12, 2025

August Off-Season 2025 Schedule Junior



Week	Date	Time	Session Type	Location	Price
1	Monday, August 11	12:15 PM - 01:15 PM	Jump Off-Ice	Sunset	\$7.00
		01:30 PM - 02:15 PM	Freeskate		\$12.00
		02:15 PM - 02:30 PM	Group Enrichment *		
	Wednesday, August 13	06:30 PM - 09:00 PM	Simulation		\$10.00
	Thursday, August 14	05:00 PM - 05:45 PM	Freeskate		\$9.00
		06:00 PM - 06:30 PM	Jump Off-Ice		\$4.00
Friday, August 15	06:30 PM - 07:30 PM	Freeskate	\$12.00		
2 **	Monday, August 18	10:00 AM - 11:00 AM	Open Freeskate 1	Trout Lake	\$12.00
		11:00 AM - 12:00 PM	Open Freeskate 2		\$12.00
		12:15 PM - 12:45 PM	Open Jump Off-Ice		\$4.00
	Tuesday, August 19	10:00 AM - 11:00 AM	Open Freeskate 1		\$12.00
		11:00 AM - 12:00 PM	Open Freeskate 2		\$12.00
		12:15 PM - 12:45 PM	Open Jump Off-Ice		\$4.00
	Wednesday, August 20	10:00 AM - 11:00 AM	Open Freeskate 1		\$12.00
		11:00 AM - 12:00 PM	Open Freeskate 2		\$12.00
		12:15 PM - 12:45 PM	Open Jump Off-Ice		\$4.00
	Thursday, August 21	10:00 AM - 11:00 AM	Open Freeskate 1		\$12.00
		11:00 AM - 12:00 PM	Open Freeskate 2		\$12.00
		12:15 PM - 12:45 PM	Open Jump Off-Ice		\$4.00
	Friday, August 22	10:00 AM - 11:00 AM	Open Freeskate 1		\$12.00
		11:00 AM - 12:00 PM	Open Freeskate 2		\$12.00
		12:15 PM - 12:45 PM	Open Jump Off-Ice		\$4.00

* Group Enrichment is together with the Senior skaters.

** These Open Sessions are only for our club skaters at levels STAR 2 and up.

Addresses:

Sunset Arena

390 E 51st Ave, Vancouver, BC V5X 1C5

Trout Lake Rink

3360 Victoria Dr, Vancouver, BC V5N 4M4

Last updated: July 24, 2025

August Off-Season 2025 Schedule Senior



Week	Date	Time	Session Type	Location	Price
1	Monday, August 11	02:15 PM - 02:30 PM	Group Enrichment *	Sunset	\$15.00
		02:30 PM - 03:30 PM	Freeskate		
		03:45 PM - 04:45 PM	Jump Off-Ice		
	Wednesday, August 13	06:30 PM - 09:00 PM	Simulation		\$10.00
	Thursday, August 14	03:15 PM - 03:45 PM	Jump Off-Ice		\$4.00
		04:00 PM - 05:00 PM	Freeskate		\$12.00
	Friday, August 15	07:30 PM - 08:30 PM	Freeskate		\$15.00
08:30 PM - 08:45 PM		Group Enrichment			
2 **	Monday, August 18	10:00 AM - 11:00 AM	Open Freeskate 1	Trout Lake	\$12.00
		11:00 AM - 12:00 PM	Open Freeskate 2		\$12.00
		12:15 PM - 12:45 PM	Open Jump Off-Ice		\$4.00
	Tuesday, August 19	10:00 AM - 11:00 AM	Open Freeskate 1		\$12.00
		11:00 AM - 12:00 PM	Open Freeskate 2		\$12.00
		12:15 PM - 12:45 PM	Open Jump Off-Ice		\$4.00
	Wednesday, August 20	10:00 AM - 11:00 AM	Open Freeskate 1		\$12.00
		11:00 AM - 12:00 PM	Open Freeskate 2		\$12.00
		12:15 PM - 12:45 PM	Open Jump Off-Ice		\$4.00
	Thursday, August 21	10:00 AM - 11:00 AM	Open Freeskate 1		\$12.00
		11:00 AM - 12:00 PM	Open Freeskate 2		\$12.00
		12:15 PM - 12:45 PM	Open Jump Off-Ice		\$4.00
	Friday, August 22	10:00 AM - 11:00 AM	Open Freeskate 1		\$12.00
		11:00 AM - 12:00 PM	Open Freeskate 2		\$12.00
		12:15 PM - 12:45 PM	Open Jump Off-Ice		\$4.00

* Group Enrichment is together with the Junior skaters.

** These Open Sessions are only for our club skaters at levels STAR 2 and up.

Addresses:

Sunset Arena

390 E 51st Ave, Vancouver, BC V5X 1C5

Trout Lake Rink

3360 Victoria Dr, Vancouver, BC V5N 4M4

Last updated: July 24, 2025

Fall 2025 Schedule Junior



Day	Time	Session Type	Dates	No Skating	Weeks	Price
Monday	02:45 PM - 03:45 PM	Open Freeskate				\$160.00
	04:30 PM - 04:45 PM	Group Enrichment	Sep 8 - Dec 15	Oct 13	14	\$186.00
	04:45 PM - 05:00 PM	Spins				
	05:00 PM - 05:45 PM	Freeskate				
	05:55 PM - 06:10 PM	Jump / Theory Off-Ice	Sep 8 - Dec 8		13	\$23.00
	06:15 PM - 07:00 PM	Stretch Off-Ice				\$69.00
Tuesday	02:45 PM - 03:30 PM	Open Freeskate 1	Sep 2 - Dec 16	Sep 30, Nov 11	14	\$120.00
	03:30 PM - 04:30 PM	Open Freeskate 2				\$160.00
	04:45 PM - 05:45 PM	Open Pilates Off-Ice	Sep 2 - Dec 9		13	\$91.00
Wednesday	02:45 PM - 03:45 PM	Open Freeskate				\$183.00
	04:30 PM - 04:45 PM	Group Enrichment	Sep 3 - Dec 17	-	16	\$183.00
	04:45 PM - 05:30 PM	Freeskate				
	05:45 PM - 06:45 PM	Strength Off-Ice	Sep 3 - Dec 10		15	\$105.00
Thursday	06:30 AM - 08:00 AM	Open Freeskate	Sep 4 - Dec 18	-	16	\$78.00
Saturday	01:45 PM - 02:00 PM	Group Enrichment				
	02:00 PM - 03:00 PM	Freeskate	Sep 6 - Dec 6	-	14	\$200.00
	03:15 PM - 04:15 PM	Ballet Off-Ice				\$98.00
Sunday	08:30 AM - 09:30 AM	Open Freeskate	Sep 7 - Dec 7	Oct 12, Nov 9, Dec 14	12	\$137.00
	09:40 AM - 10:10 AM	Open Jump Off-Ice				\$42.00

There is no off-ice December 15 - 18.

CompSTAR Simulation on Wednesday, November 17th.

Christmas Exhibition on Saturday, December 13th!

Off-Ice Locations

Jump	Rinkside
Stretch	Room 151
Open Pilates	Dance Studio
Strength	Rinkside
Ballet	Church

Last updated: Oct 6 2025

Fall 2025 Schedule Senior



Day	Time	Session Type	Dates	No Skating	Weeks	Price
Monday	02:45 PM - 03:45 PM	Open Freeskate	Sep 8 - Dec 15		14	\$160.00
	05:15 PM - 06:15 PM	Stretch Off-Ice	Sep 8 - Dec 8		13	\$91.00
	06:20 PM - 06:35 PM	Jump / Theory Off-Ice		Oct 13		\$23.00
	06:45 PM - 07:00 PM	Spins				
	07:00 PM - 08:15 PM	Freeskate	Sep 8 - Dec 15 *		14	\$260.00
	08:15 PM - 08:30 PM	Group Enrichment				
Tuesday	02:45 PM - 03:30 PM	Open Freeskate 1	Sep 2 - Dec 16		14	\$120.00
	03:30 PM - 04:30 PM	Open Freeskate 2				\$160.00
	04:45 PM - 05:45 PM	Open Pilates Off-Ice	Sep 2 - Dec 9	Sep 30, Nov 11	13	\$91.00
	04:30 PM - 05:30 PM	Freeskate	Sep 2 - Dec 16		14	\$160.00
	05:45 PM - 06:45 PM	Pilates Off-Ice	Sep 2 - Dec 9		13	\$91.00
Wednesday	02:45 PM - 03:45 PM	Open Freeskate	Sep 3 - Dec 17		16	\$183.00
	04:30 PM - 05:30 PM	Strength Off-Ice	Sep 3 - Dec 10	-	15	\$105.00
	05:45 PM - 06:45 PM	Freeskate	Sep 3 - Dec 17		16	\$183.00
Thursday	06:30 AM - 08:00 AM	Open Freeskate	Sep 4 - Dec 18	-	16	\$78.00
Saturday	02:00 PM - 03:00 PM	Ballet Off-Ice				\$98.00
	03:15 PM - 04:15 PM	Freeskate	Sep 6 - Dec 6	-	14	\$240.00
	04:15 PM - 04:45 PM	Group Enrichment				
Sunday	08:30 AM - 09:30 AM	Open Freeskate	Sep 7 - Dec 7	Oct 12, Nov 9, Dec 14	12	\$137.00
	09:40 AM - 10:10 AM	Open Jump Off-Ice				\$42.00

* Dec 15 ice sessions start 45 minutes earlier (6:00pm - 7:45pm)

(There is no off-ice December 15 - 18.)

CompSTAR Simulation on Wednesday, November 17th.

Christmas Exhibition on Saturday, December 13th!

Off-Ice Locations

Jump	Rinkside
Stretch	Room 151
Open Pilates	Dance Studio
Sr Pilates	Room 211
Strength	Rinkside
Ballet	Church

Last updated: Oct 6 2025

2025/26 HOLIDAY ICE

Schedule

Junior

Date	Time	Price
Monday, Dec 22 nd	4:30pm - 5:30pm	\$12
Tuesday, Dec 23 rd	4:30pm - 5:30pm	\$12
Monday, Dec 29 th	4:30pm - 5:30pm	\$12
Tuesday, Dec 30 th	4:30pm - 5:30pm	\$12
Wednesday, Dec 31 st	10:00am - 11:00am	\$12
Friday, Jan 2 nd	4:30pm - 5:30pm	\$12
Saturday, Jan 3 rd	9:15am - 10:15am	\$12

Open

Date	Time	Price
Monday, Dec 22 nd	5:30pm - 6:15pm	\$9
Tuesday, Dec 23 rd	5:30pm - 6:15pm	\$9
Monday, Dec 29 th	5:30pm - 6:15pm	\$9
Tuesday, Dec 30 th	5:30pm - 6:15pm	\$9
Wednesday, Dec 31 st	11:00am - 11:45am	\$9
Friday, Jan 2 nd	5:30pm - 6:15pm	\$9
Saturday, Jan 3 rd	10:15am - 11:00am	\$9

Last Updated:
November 10, 2025



2025/26 HOLIDAY ICE

Schedule

Senior

Date	Time	Price
Monday, Dec 22 nd	6:30pm - 7:30pm	\$12
Tuesday, Dec 23 rd	6:30pm - 7:30pm	\$12
Monday, Dec 29 th	6:30pm - 7:30pm	\$12
Tuesday, Dec 30 th	6:30pm - 7:30pm	\$12
Wednesday, Dec 31 st	12:00pm - 1:00pm	\$12
Friday, Jan 2 nd	6:30pm - 7:30pm	\$12
Saturday, Jan 3 rd	11:15am - 12:15pm	\$12

Open

Date	Time	Price
Monday, Dec 22 nd	5:30pm - 6:15pm	\$9
Tuesday, Dec 23 rd	5:30pm - 6:15pm	\$9
Monday, Dec 29 th	5:30pm - 6:15pm	\$9
Tuesday, Dec 30 th	5:30pm - 6:15pm	\$9
Wednesday, Dec 31 st	11:00am - 11:45am	\$9
Friday, Jan 2 nd	5:30pm - 6:15pm	\$9
Saturday, Jan 3 rd	10:15am - 11:00am	\$9

Last Updated:
November 10, 2025



Winter 2026 Schedule Junior



Day	Time	Session Type	Dates	No Skating	Weeks	Price
Monday	02:45 PM - 03:45 PM	Open Freeskate	Jan 5 - Mar 9	Feb 16	9	\$103.00
	04:30 PM - 04:45 PM	Group Enrichment				\$129.00
	04:45 PM - 05:00 PM	Spins				\$16.00
	05:00 PM - 05:45 PM	Freeskate				\$48.00
	05:55 PM - 06:10 PM	Jump Off-Ice				\$86.00
	06:15 PM - 07:00 PM	Stretch Off-Ice				\$53.00
Tuesday	02:45 PM - 03:30 PM	Open Freeskate 1	Jan 6 - Mar 10	-	10	\$86.00
	03:30 PM - 04:15 PM	Open Freeskate 2				\$53.00
	04:30 PM - 05:15 PM	Open Jump Off-Ice				\$114.00
Wednesday	02:45 PM - 03:45 PM	Open Freeskate	Jan 7 - Mar 11	-	10	\$143.00
	04:30 PM - 04:45 PM	Group Enrichment				\$18.00
	04:45 PM - 05:00 PM	Spins				\$53.00
	05:00 PM - 05:45 PM	Freeskate				\$49.00
	05:55 PM - 06:10 PM	Theory Off-Ice				\$25.00
	06:15 PM - 07:00 PM	Strength Off-Ice				\$143.00
Thursday	06:30 AM - 08:00 AM	Open Freeskate	Jan 8 - Mar 12	-	10	\$49.00
Friday	06:30 AM - 08:00 AM	Open Freeskate	Feb 13 - Mar 13	-	5	\$25.00
Saturday	01:45 PM - 02:00 PM	Group Enrichment	Jan 10 - Mar 14	-	10	\$143.00
	02:00 PM - 03:00 PM	Freeskate				\$70.00
	03:15 PM - 04:15 PM	Ballet Off-Ice				\$154.00
Sunday	08:30 AM - 09:45 AM	Open Freeskate	Jan 11 - Mar 15	Feb 15	9	\$154.00
	09:45 AM - 10:00 AM	Open Group Enrichment				\$32.00
	10:10 AM - 10:40 AM	Open Jump Off-Ice				

JA & CompSTAR Photo Day on Wednesday, January 7th.

CompSTAR Simulation on Wednesday, January 21st.

Off-Ice Locations	
Jump	Rinkside
Tue Jump	Rm 205
Stretch	Rm 203
Theory	Dressing Rm 3
Strength	Rinkside
Ballet	Church

Winter 2026 Schedule Senior



Day	Time	Session Type	Dates	No Skating	Weeks	Price
Monday	02:45 PM - 03:45 PM	Open Freeskate	Jan 5 - Mar 9	Feb 16	9	\$103.00
	05:15 PM - 06:15 PM	Stretch Off-Ice				\$63.00
	06:20 PM - 06:35 PM	Jump Off-Ice				\$16.00
	06:45 PM - 07:00 PM	Spins				
	07:00 PM - 08:15 PM	Freeskate				\$180.00
	08:15 PM - 08:30 PM	Group Enrichment				
Tuesday	02:45 PM - 03:30 PM	Open Freeskate 1	Jan 6 - Mar 10	-	10	\$86.00
	03:30 PM - 04:15 PM	Open Freeskate 2				\$86.00
	04:30 PM - 05:15 PM	Open Jump Off-Ice				\$53.00
Wednesday	02:45 PM - 03:45 PM	Open Freeskate	Jan 7 - Mar 11	-	10	\$114.00
	05:15 PM - 06:15 PM	Strength Off-Ice				\$70.00
	06:20 PM - 06:35 PM	Theory Off-Ice				\$18.00
	06:45 PM - 07:00 PM	Spins				
	07:00 PM - 08:15 PM	Freeskate				\$200.00
	08:15 PM - 08:30 PM	Group Enrichment				
Thursday	06:30 AM - 08:00 AM	Open Freeskate	Jan 8 - Mar 12	-	10	\$49.00
Friday	06:30 AM - 08:00 AM	Open Freeskate	Feb 13 - Mar 13	-	5	\$25.00
Saturday	02:00 PM - 03:00 PM	Ballet Off-Ice	Jan 10 - Mar 14	-	10	\$70.00
	03:15 PM - 04:15 PM	Freeskate				\$171.00
	04:15 PM - 04:45 PM	Group Enrichment				
Sunday	08:30 AM - 09:45 AM	Open Freeskate	Jan 11 - Mar 15	Feb 15	9	\$154.00
	09:45 AM - 10:00 AM	Open Group Enrichment				
	10:10 AM - 10:40 AM	Open Jump Off-Ice				\$32.00

JA & CompSTAR Photo Day on Wednesday, January 7th.

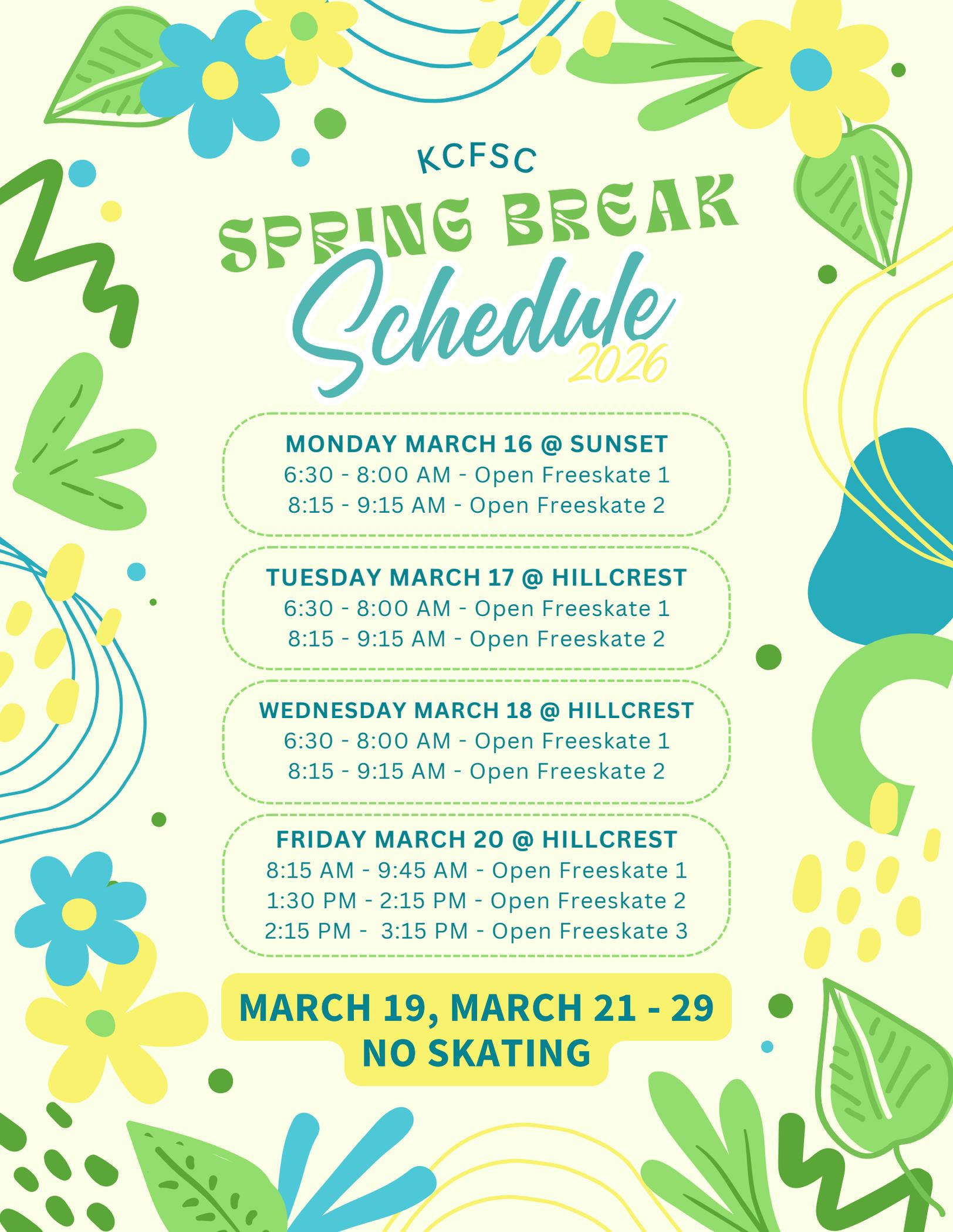
CompSTAR Simulation on Wednesday, January 21st.

* On Monday, February 9th, Stretch off ice is in Room 211.

Off-Ice Locations

Jump	Rinkside
Tue Jump	Rm 205
Stretch	Rm 151 *
Theory	Dressing Rm 3
Strength	Rinkside
Ballet	Church

Last updated: Jan 5, 2025



KCFSC
SPRING BREAK
Schedule
2026

MONDAY MARCH 16 @ SUNSET

6:30 - 8:00 AM - Open Freeskiate 1
8:15 - 9:15 AM - Open Freeskiate 2

TUESDAY MARCH 17 @ HILLCREST

6:30 - 8:00 AM - Open Freeskiate 1
8:15 - 9:15 AM - Open Freeskiate 2

WEDNESDAY MARCH 18 @ HILLCREST

6:30 - 8:00 AM - Open Freeskiate 1
8:15 - 9:15 AM - Open Freeskiate 2

FRIDAY MARCH 20 @ HILLCREST

8:15 AM - 9:45 AM - Open Freeskiate 1
1:30 PM - 2:15 PM - Open Freeskiate 2
2:15 PM - 3:15 PM - Open Freeskiate 3

**MARCH 19, MARCH 21 - 29
NO SKATING**